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## Family of Origin

### Lesson 4: Family Systems

*This course follows the Citizen's Church\* Family of Origin sermon series found on the Family of Origin page of Connect the Nations. This is a video and audio only lesson, so please listen and answer or discuss the questions.*

#### Discussion Questions

In your family system, how would you describe "you" in your family?

What is the one thing in your life that you feel would make everything ok? What is your pool?

What part of your suffering do you want someone else to notice?

How could Jesus help you? How does he want to help you?

How can God's design for his church encourage you?

How are you still defining yourself through your family of origin?

What would it look like to define yourself in the way Jesus defines you (see [My Identity in Christ](#) handout)

#### This Week:

Write in your journal:

1. Discuss your answers in a group or with a trusted friend.
2. Write the verses that help you to remember the truth on index cards. Read these verses during your prayer times with the Lord this week.

\*Connect the Nations is not a ministry of Citizen's Church.