

Discover Jesus

Jesus Prays Early in the Morning

Mark 1:35-39

³⁵Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. ³⁶Simon [also called Peter] and his companions went to look for him, ³⁷and when they found him, they exclaimed: “Everyone is looking for you!”

³⁸Jesus replied, “Let us go somewhere else – to the nearby villages – so I can preach there also. That is why I have come.” ³⁹So he traveled throughout Galilee, preaching in their synagogue and driving out demons.

Get it!

1. Are there any phrases or words that you need defined?
2. What time is it? Where is Jesus, and why is he there?
3. Imagine how Jesus prayed. Why do you think he didn't stay in his home to pray?
4. Why do you think Jesus wanted to pray *alone* to his Father?
5. What happens while Jesus is praying? How does Jesus respond?
6. What is Jesus going to do in these other villages? What is his purpose in life?
7. Why do you think Jesus doesn't he stay in his hometown to teach more?
8. Where does Jesus find his strength to live this kind of life?
9. Based on this story, why else do you think Jesus woke up early before dark to pray?
10. What is interesting, strange, or new for you in this story?

Think about it!

1. Describe your life at home in the mornings. Share about you, your family, children, roommates.
2. What do you do first when you wake up?
3. Do you have a quiet or special place to go for praying? Describe.
4. Consider how praying helped Jesus. How could praying like Jesus help you? How might it change your life?
5. How are your prayer times different from Jesus's prayer times? How do you want to grow in this area of your life?
6. Think about the purpose for your life. How is your purpose different from Jesus's. Do you want Jesus's purpose for your life? If so, what would that look like?

Live it!

1. Pick a day this week to get up, leave the house, and go to a solitary place to pray. Pray aloud and share your heart with Jesus. Tell him about your deepest desires, needs, and fears. Ask him for his help.
2. Take some time to pray for others this week who need Jesus's help. Pray about how you can share Jesus with others.
3. If you have a personal testimony to share of how Jesus answered your prayer, please [share](#) it with us!

Pray it! – Use the rest of the time to pray. Begin in silence and ask Jesus to reveal what he wants you to pray about and who he wants you to pray for (specific names of people). Ask Jesus where he wants to use you in your life to spread his love and message to the world.