

Discover Jesus

Jesus Prays Early in the Morning

Mark 1:35-39

³⁵ Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. ³⁶ Simon [also called Peter] and his companions went to look for him, ³⁷ and when they found him, they exclaimed: “Everyone is looking for you!”

³⁸ Jesus replied, “Let us go somewhere else – to the nearby villages – so I can preach there also. That is why I have come.” ³⁹ So he traveled throughout Galilee, preaching in their synagogue and driving out demons.

Get it!

1. Are there any phrases or words that you need defined?
2. What time is it? Where is Jesus, and why is he there?
3. Imagine how Jesus prayed. Why do you think he didn't stay in his home to pray?
4. Why do you think Jesus wanted to pray *alone* to his Father? Why do you think he woke up so early to pray?
5. What happens while Jesus is praying? How does Jesus respond?
6. What is Jesus going to do in these other villages? What is his purpose in life?
7. Why do you think Jesus doesn't stay in his hometown to teach more?
8. Where does Jesus find his strength to live this kind of life? Why do you think he chooses to live this way?

Think about it!

1. Describe your life at home in the mornings. Do you have a quiet or special place to go for praying? Describe.
2. What do you do first when you wake up?
3. Consider how praying helped Jesus. How could praying like Jesus help you? How might it change your life?
4. How are your prayer times different from Jesus's prayer times? How do you want to grow in this area of your life?
5. Think about the purpose for your life. How is your purpose different from Jesus's. Do you want Jesus's purpose for your life? If so, what would that look like?

Pray it! – Use the rest of the time in this class to pray:

1. Begin in silence and ask Jesus to reveal what's on your heart and mind recently and ways he wants you to pray for these things. Take a minute to pray over what comes to your mind. Share with Jesus your heart and your feelings about these situations.
2. In silence, ask Jesus to reveal who he wants you to pray for and how he wants you to pray for them. Write what you hear, and pray for these people.
3. In silence, ask Jesus where he wants to use you in your life to spread his love and message to the world. Listen in silence again, and write what he tells you. Pray over what you hear.
4. Pray for any other people (family, friends, neighbors, coworkers, your country and its leaders etc.) and situations that you wish to pray for.
5. Give thanks to Jesus for what he's done in your life and how he has blessed you. Tell him about how you feel about him. Speak truths about who he is to you and who you are to him.

Live it!

1. Pick a day this week to get up, leave the house if necessary, and go to a solitary place to pray. Pray aloud and share your heart with Jesus. Tell him about your deepest desires, needs, and fears. Ask him for his help. Use the model that we used today to help you pray.
2. If you have a personal testimony to share of how Jesus answered your prayer, please [share](#) it with us!