

Speak Life and Healing

over your life, your body, and others!

II Chronicles 33:12-13

In his distress he sought the favor of the LORD his God
and humbled himself greatly before the God of his ancestors.
And when he prayed to him, the LORD was moved by his entreaty
and listened to his plea.

Psalm 30:2

Lord my God, I called to you for help,
and you healed me.

Psalm 35:27

The Lord be exalted, who delights
in the well-being of his servant.

Psalm 41:3

The Lord sustains them on their sickbed,
and restores them from their bed of illness.

Psalm 103:3

He forgives all your sins,
and heals all your diseases.

Deuteronomy 32:39

I put to death, and I bring to life,
I have wounded, and I will heal,
and no one can deliver out of my hand.

Proverbs 4:22

[My words] are life to those who find them
and health to one's whole body.

Proverbs 10:11

The mouth of the righteous is a fountain of life.

Proverbs 10:12

Love covers over all wrong.

Proverbs 12:6, 14

The speech of the upright rescues them...
From the fruit of their lips people are filled with good things.
The tongue of the wise brings healing.

Proverbs 18:21

Death and life are in the power of the tongue.

Proverbs 17:22

A cheerful heart is good medicine,
but a crushed spirit dries up the bones.

Proverbs 15:4

A healing tongue is a tree of life.

Proverbs 15:30

Good news gives health to the bones.

Proverbs 16:23

Gracious words are a honeycomb,
sweet to the soul and healing to the bones.

Proverbs 21:23

Those who guard their mouths and their tongues
keep themselves from calamity.

Matthew 12:35

A good man out of the good treasure of his heart
brings forth good things.

James 3:2

Anyone who is never at fault in what they say is perfect,
able to keep their whole body in check.

Psalms 87:7

As they make music they will sing, "All my fountains are in you."

Psalms 45:7

You love righteousness and hate wickedness;
therefore God, your God, has set you above your companions
by anointing you with the oil of joy.

Ecclesiastes 5:19-20

Moreover, when God gives someone wealth and possessions,
and the ability to enjoy them, to accept their lot and be happy in their toil—
this is a gift of God. They seldom reflect on the days of their life,
because God keeps them occupied with gladness of heart.

Jeremiah 31:12-14

"They will be like a well-watered garden, and they will sorrow no more.
Then young women will dance and be glad, young men and old as well.
I will turn their mourning into gladness; I will give them comfort and joy
instead of sorrow. I will satisfy the priests with abundance,
and my people will be filled with my bounty," declares the LORD.

Isaiah 53:5b

The punishment that brought us peace was on him,
and by his wounds we are healed.

Isaiah 57:18-19

I have seen their ways, but I will heal them.
I will guide them and restore comfort to [them],
creating praise on their lips.
Peace, peace, to those far and near,
and I will heal them.

Psalms 107:19-20

They cried to the LORD in their trouble,
and he saved them from their distress.
He sent out his word and healed them;
he rescued them from the grave.

Jeremiah 30:17

"I will restore you to health,
and heal your wounds," declares the Lord.

Isaiah 61:7-9

Instead of your shame, you will receive a double portion,
and instead of disgrace, you will rejoice in your inheritance.
And so you will inherit a double portion in your land,
and everlasting joy will be yours...
In my faithfulness I will reward my people
and make an everlasting covenant with them.
All who see them will acknowledge
that they are a people the LORD has blessed.

Isaiah 61:1-3

The Spirit of the Sovereign LORD is on me,
because the LORD has anointed me
to proclaim good news to the poor.
He has sent me to bind up the brokenhearted,
to proclaim freedom for the captives
and release from darkness for the prisoners,
to proclaim the year of the LORD's favor...
to comfort all who mourn,
and provide for those who grieve in Zion—
to bestow on them a crown of beauty instead of ashes,
the oil of joy instead of mourning,
and a garment of praise instead of a spirit of despair.

Isaiah 65:19-24

¹⁹ I will rejoice over Jerusalem
and take delight in my people;
the sound of weeping and of crying
will be heard in it no more.
²⁰ "Never again will there be in it
an infant who lives but a few days,
or an old man who does not live out his years;
the one who dies at a hundred
will be thought a mere child;
the one who fails to reach a hundred
will be considered accursed.
²¹ They will build houses and dwell in them;
they will plant vineyards and eat their fruit.
²² No longer will they build houses
and others live in them,
or plant and others eat.
For as the days of a tree,
so will be the days of my people;
my chosen ones will long enjoy
the work of their hands.
²³ They will not labor in vain,
nor will they bear children doomed to misfortune;
for they will be a people blessed by the LORD,
they and their descendants with them.
²⁴ Before they call I will answer;
while they are still speaking I will hear.

Luke 4:18-19, 21

"He has sent me to proclaim freedom for the prisoners
and recovery of sight for the blind, to set the oppressed free,
to proclaim the year of the Lord's favor...
Today this scripture is fulfilled in your hearing."

Matthew 8:16-17

When evening came, many who were demon-possessed were brought to him,
and he drove out the spirits with a word and healed all the sick.
This was to fulfill what was spoken through the prophet Isaiah:
"He took up our infirmities and bore our diseases."

Mark 11:23-25

"Have faith in God," Jesus answered. "Truly I tell you,
if anyone says to this mountain, 'Go, throw yourself into the sea,'
and does not doubt in their heart but believes
that what they say will happen, it will be done for them.
Therefore, I tell you, whatever you ask for in prayer,
believe that you have received it, and it will be yours.
And when you stand praying, if you hold anything against anyone,
forgive them, so that your Father in heaven may forgive you your sins."

Luke 6:19

And the people all tried to touch him
because power was coming from him,
and he was healing them all.

Mark 9:23

All things are possible for him who believes.

Luke 9:11

The crowds learned about it and followed him.
He welcomed them and spoke to them about the kingdom of God,
and healed those who needed healing.

Mark 5:34

Daughter, your faith has made you whole.

Hebrews 1:14

Are not all angels ministering spirits sent
to serve those who will inherit salvation?

John 6:63

The words I have spoken to you—they are full of the Spirit and life.

John 15:7

If you remain in me and my words remain in you,
ask whatever you wish, and it will be done for you.

Ephesians 1:3

Praise be to the God and Father of our Lord Jesus Christ,
who has blessed us in the heavenly realms
with every spiritual blessing in Christ.

Ephesian 1:18-23

I pray that the eyes of your heart may be enlightened
in order that you may know the hope to which he has called you,
the riches of his glorious inheritance in his holy people,
and his incomparably great power for us who believe.
That power is the same as the mighty strength
he exerted when he raised Christ from the dead
and seated him at his right hand in the heavenly realms,
far above all rule and authority, power and dominion,
and every name that is invoked, not only in the present age
but also in the one to come. And God placed all things
under his feet and appointed him to be head over everything
for the church, which is his body, the fullness of him
who fills everything in every way.

Romans 8:11

And if the Spirit of him who raised Jesus from the dead is living in you,
he who raised Christ from the dead will also give life to your mortal bodies
because of his Spirit who lives in you.

Matthew 6:10

Your kingdom come, your will be done,
on earth as it is in heaven.

Hebrews 13:8

Jesus Christ is the same yesterday and today and forever.

Affirmation Statements:**Because of the Lord Jesus and his goodness to me...**

I am a new creation! [Speak how the Lord has changed or helped you.]

My life is full of his blessings! [Speak how the Lord has blessed you.]

I am a wonderful and supportive spouse to... [Speak his or her name.]

My spouse [name] loves me and wants the best for me.

My marriage is strong and healthy.

I am a wonderful and supportive son or daughter to my parents [Speak their names.]

I am a good and healthy parent to my children. [Speak their names – biological and/or spiritual.]

I have a loving and healthy family. [Speak their names – biological and/or spiritual.]

I love my family and they love me. [Speak their names – biological and/or spiritual.]

I have a supportive, loving, and healthy church. [Speak its name.]

I am a good, supportive, and healthy friend to others. [Speak their names.]

My friends love me and support me. [Speak their names.]

I have the provision I need because of God's grace. [State how he has provided.]

Jesus will provide for me and is providing for me.

I have a hope and a future that is not dependent on my circumstances.

I am divinely healthy and will live a long and healthy life!

I am going to heaven and will live eternally with Jesus and receive great reward!

I am secure in Christ's love. He will never leave me, abandon me, or forsake me.

Jesus watches over my life. He is faithful, loving, and good in all circumstances.

I can put my hope and trust in him because he will lead me and guide me.

His Word is perfect, and I love all that Jesus taught. I walk in his commands.

He hears my prayers. He is faithful and will always be faithful!

To God be all the glory in my life! Hallelujah!!