

Victory over Sin

Lesson 3: Sins of Rebellion

Identifying Sins of Rebellion

In this lesson, you first define the sins of rebellion below. Read the list and write the definitions of words you don't know. Then, circle or write down the sins that you see in your life right now and in your past. Look up the scriptures beside the sins that you think will be the hardest for you to change and the hardest for you to talk about. In your journal, write about how you see these sins in your life.

Indulgence (Galatians 5:13, 24)

loving pleasure over God (II Timothy 3:1-4)	obsessions (Ephesians 2:3-4)
misusing the body (I Corinthians 6:19-20, I Corinthians 3:16-17)	excessive gambling (Luke 15:11-32)
overeating / unhealthy eating (Proverbs 23:1-3)	excessive web surfing (Ephesians 5:15-16)
under-eating and bulimia (I Peter 4:6)	excessive exercising (Ephesians 6:10-18)
smoking (II Corinthians 7:1)	excessive stock watching (I Timothy 6:10)
cutting to harm the body (II Peter 5:7)	excessive TV/video watching (Luke 11:34-36)
laziness (Hebrews 6:10-12)	excessive isolation (Philippians 2:4-7)
lack of discipline (II Timothy 1:7, Galatians 5:22-23)	excessive working
loss of control from a substance (I Peter 1:13) i.e. alcohol, illegal or harmful drugs, pain medication or caffeine (II Peter 5:8)	orgies, reveling, and rowdy partying drinking alcohol frequently or late into the night (Ephesians 5:18-20) ¹⁻⁸

Foolishness (Mark 7:17-23, Ephesians 5:15-17)

rashness (II Timothy 3:1-5)	acting without careful thought (James 1:19-26)
recklessness (Proverbs 12:8, I Peter 4:1-4)	a costly, unwise expense (Luke 12:13-21) ¹⁻²
foolish speech (Ephesians 5:4)	

Depravity (Romans 1:29, 13:2-5)

wanting to physically hurt a person (I Corinthians 3:16-17)	lack of shame when breaking the law ¹ , including all traffic laws (Romans 13:1-2)
damaging property	loss of concern about doing wrong toward others

Disrespect (I Peter 2:13-17)

disrespecting authority or parents (Romans 1:30)	rudeness (I Corinthians 13:4-5)
not paying taxes or bills (Romans 13:5-7)	insulting others (I Peter 3:8-9)
not following rules, i.e. of work, school, or government (II John 1:6)	rebellious against authority (Romans 13:1-5, I Timothy 2:1-4, Titus 3:1-2) ¹⁻³

Going Deeper

In your journal, answer the Go Deeper questions below. Sometimes working through bad memories or tough times in our past helps us to see ways we have sinned and understand more about why we sin. Talk through these situations with a Christian friend, and talk about what love would look like instead. Pray together over these sins. Ask Jesus for his help and forgiveness.

Sins of Rebellion

1. Think of a time when you were angry because you wanted something that you couldn't have, perhaps because of lack of money, skill, rest, opportunity, or justice. Perhaps someone (i.e. a parent, spouse, child, friend, teacher, boss, minister, leader, boss, or God) said "No" to you, and this made you feel angry, hurt, frustrated, or disappointed. What happened? How did you feel? How did you respond?
2. When you feel angry or hurt, do you escape through drugs, alcohol, smoking, over/under eating, too much internet, TV, videos, gaming, isolation, sleep, spending money, or even work? Do you hide your feelings, shut down, or just stop talking to a person who hurt you? Explain.
3. When you feel angry or hurt, do you act out recklessly (i.e. reckless driving, speeding, hitting, cussing, throwing things, verbally abusing others, cursing, using harsh words, criticizing others, harming yourself, breaking the law, etc.)? Explain.
4. Do you resist schedules given to you by others and follow your own schedule instead?
5. Do you struggle with laziness? When someone asks you to do something, do you usually do it or do you ignore it or put it off until later? Explain.
6. Do you usually follow the rules or break the rules? Explain.
7. Do you see any other Sins of Rebellion that describe any of your thoughts or actions?
8. How has your rebellion hurt people in your life? (i.e. in your family or at school, work or church)? Make a list of names of the people you have hurt. Write about ways you can resolve situations, restore relationships, and show love to the people you hurt.
9. In the areas you discussed, what would loving God, others, or yourself look like?

Making Decisions

Study II Corinthians 7:10-11 and I Corinthians 13:4-8. What does Jesus want you to do about the sins in your life? What do you want to do? Talk about any decisions that you've made from this study.

This Week:

1. Take some time to read a few verses from two handouts: The Promises of God and My Identity in Christ. These handouts are found at <https://www.connectthenations.com/transform>.
2. Share what you wrote with your friend and ask them to share what they wrote with you as well. End the time with praying one for another.
3. Prepare for Lesson 4.